



## PSY 1010

**Division:** Social and Behavioral Science

**Department:** Social Sciences

**Course:** PSY 1010

**Title:** General Psychology

**Catalog Description:**

This course offers an introductory survey of general psychology theories and concepts with an emphasis on the scientific study of human behaviors and applications in daily life.

**General Education Requirements:** Social and Behavioral Science

**Semesters Offered:** Fall, Spring

**Credit/Time Requirement:** Credit: 3; Lecture: 3; Lab: 0

**Clock/Hour Requirements:** 0

**Offered for Non-Credit:** No

**Prerequisites:** N/A

**Corequisites:** N/A

**Justification:**

This course fulfills a General Education requirement. It is a prerequisite for all succeeding psychology courses. It is a required course for majors in numerous fields of study. This course transfers to all institutions in the state of Utah.

**Student Learning Outcomes:**

Upon successful completion of this course, students will:

- know the major theories and concepts in psychology as well as their implication to future research
- learn research methods used in psychology and the application of the scientific method to understanding psychological constructs
- know how to more effectively learn
- examine current research findings and trends in psychology
- understand how the concepts discussed are constantly at work in a student's life
- learn how to evaluate behavior from a biological, social, cultural, and historical perspective.

**Content:**

This course will include:

- Thinking Critically with Psychological Science
- Neuroscience & Behavior
- Nature, Nurture, and Human Diversity
- Developing Through the Lifespan

- Sensation & Perception
- States of Consciousness
- Learning
- Memory
- Thinking, Language, & Intelligence
- Motivation
- Emotions, Stress, & Health
- Personality
- Psychological Disorders
- Therapy
- Social Psychology.

### **General Education Outcomes:**

1) Read effectively, constructively, and critically.

Students read a required text and respond to factual, conceptual, and application questions relative to the reading.

2) Write clearly, informatively, and persuasively.

Students respond to essay questions on half of each exam taken. The responses are required to be exact, clear, and to the point. Feedback is given with each returned exam, and a higher level of exactness, clearness, and precision is expected with each succeeding exam.

8) Apply ethical reasoning to a variety of contexts.

Students are taught some of the wisdom of great individuals of the past that relate to the topic. Several times throughout the course the students are asked to apply what they have learned in their behavior. They must then express through an essay question where they have learned the principle. On the take home exam of textbook reading the majority of the questions focus on the application of what they are reading and of reasoning with what they have learned from the textbook reading to determine the correct answer.

### **Key Performance Indicators:**

In class:

- tests: 45% of final grade
- quizzes from reading: 10% of final grade
- application papers: 20% of final grade
- group presentations: 25% of final grade.

Percentages are approximate.

### **Representative Text and/or Supplies:**

- Myers, David, *Exploring Psychology*, current edition, Worth Publishing, NY.



**Signatures:**

I hereby submit this course syllabus:

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I hereby find this course consistent with the goals and resources of the Social Sciences Department:

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Kerry Hansen, D.A., Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

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Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)