



PE 2222

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 2222

Title: Playground Education and Recreation

Catalog Description:

This course involves lecture and practical work in the selection and use of suitable materials and methods used for directing and teaching age-level groups different skills and games. Students will learn organization and leadership skills for a variety of social and recreation games.

General Education Requirements: N/A

Semesters Offered: Spring

Credit/Time Requirement: Credit: 3; Lecture: 3; Lab: 0

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Justification:

This course is required for child care management majors, physical education and recreation majors. This course transfers to SUU, USU, Weber, and Dixie. This course fulfills elective credit at all other Utah higher education institutions.

Student Learning Outcomes:

Students will

- learn skills for selecting suitable materials and methods for directing age-level groups
- learn and practice good leadership and ways to improve leadership
- learn factors to consider when selecting and playing games and activities
- practice and direct a variety of games, social activities, and physical activities for all age groups.

Content:

Lectures and practical work in selection of suitable teaching methods, equipment and materials used for directing age level groups and games.

- games and activities
- the importance of leadership
- qualities of effective leaders
- roles of activity leaders

- age considerations
- getting the most from your games
- sequencing
- what makes a great social element of a great activity
- improving leadership qualities.

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students learn, practice, and direct physical activities that are developmentally appropriate for various age groups and physical fitness levels.

Key Performance Indicators:

Percentages are approximate.

Attendance (35%)

Participation (15%)

Practical skills (25%)

Improvement tests (25%)

Representative Text and/or Supplies:

Teacher handouts

Optimum Class Size: 32

Maximum Class Size: 39

Signatures:

I hereby submit this course syllabus:

Elliot Anderson, ,

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)