



## HFST 1140

**Division:** Social and Behavioral Science

**Department:** Home and Family Studies

**Course:** HFST 1140

**Title:** Introductory Sewing

**Catalog Description:**

This course is an introduction to clothing construction and is geared toward the beginning sewing student. Students will use home sewing machines and sergers to construct at least three projects. No previous sewing experience is needed.

**General Education Requirements:** N/A

**Semesters Offered:** Fall

**Credit/Time Requirement:** Credit: 2; Lecture: 2; Lab: 2

**Clock/Hour Requirements:** 0

**Offered for Non-Credit:** No

**Prerequisites:** N/A

**Corequisites:** N/A

**Justification:**

This class provides a basic knowledge of clothing construction. This course transfers to Utah State University.

**Student Learning Outcomes:**

Upon successful completion of this course, students will be able to:

- operate a home sewing machine and serger.
- select fabrics and notions to complete at least three textile projects as approved by the instructor.

**Content:**

This course will include:

- basic clothing construction techniques
- knowledge of equipment and supplies
- sewing machine and serger operation
- pattern, fabric, and notion selection

**General Education Outcomes:**

**Applied Education Outcomes:**

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1) Students will acquire entry-level skills specific to and appropriate for employment in their chosen field of study.

Sewing skills will be developed through the practice of completing projects. Students will receive feedback and evaluation of projects from the instructor.

**Key Performance Indicators:**

- attendance and completion of required lab hours: approximately 25%
- projects incorporating sewing techniques: approximately 75%

**Representative Text and/or Supplies:**

Students are required to purchase their own supplies (i.e. fabric, thread, notions).

Recommended but not required:

- Simplicity Pattern Company, New Simplicity Sewing Book, New York, NY, current edition

**Optimum Class Size:** 12

**Maximum Class Size:** 12

**Signatures:**

I hereby submit this course syllabus:

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Tracie Bradley, MEd, Associate Professor

I hereby find this course consistent with the goals and resources of the Home and Family Studies Department:

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Kim Cragun, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

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Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)