



## CLA 1910

**Division:** Career and Technical Education

**Department:** Culinary Arts

**Course:** CLA 1910

**Title:** Professional Development - Course 1

**Catalog Description:**

This class is designed to orient students to the opportunities offered by the department, school, state, and national SkillsUSA organizations for professional development and leadership training. The importance of working and communicating with others is emphasized.

**General Education Requirements:** N/A

**Semesters Offered:** TBA

**Credit/Time Requirement:** Credit: .5; Lecture: 0; Lab: 0

**Clock/Hour Requirements:** 8

**Offered for Non-Credit:** No

**Prerequisites:** None

**Corequisites:** None

**Justification:**

This course is approved by the program advisory committee.

**Student Learning Outcomes:**

Upon successful completion of this course, students will be able to:

- complete a self-assessment and identify individual learning styles
- discover self-motivation techniques and establish short-term goals
- determine individual time management skills
- define future occupations
- define awareness of cultural diversity and equity issues
- recognize benefits of doing a community service project
- demonstrate effective communication with others
- participate in a shadowing activity
- identify the components of an employment portfolio
- demonstrate proficiency in program competencies.

**Content:**

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- self-assessment
- self-motivation techniques
- short-term goals
- time management skills
- future occupations
- cultural diversity
- community service projects
- effective communication
- shadowing
- employment portfolio
- competency profile.

### **General Education Outcomes:**

3) Speak effectively in a variety of contexts.

Students are required to give oral presentations on job-related topics. Effective oral communication is a key component in this program.

4) Retrieve, evaluate, interpret, and deliver information through a variety of traditional and electronic media.

Students will participate in employment research utilizing printed and electronic media. Employment outlook, availability, and job description information is researched and reported.

5) Apply a cultural and historical awareness to a variety of phenomena.

Students will understand the importance of a culturally diverse workplace and their role in participating in the same. Students will research and discuss issues relating to cultural diversity and sensitivity.

8) Apply ethical reasoning to a variety of contexts.

Students will discuss business and workplace ethics as they pertain to a given field of work. Special emphasis is placed on work ethic, honesty, and dependability on the employee's part.

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will discuss personal hygiene and grooming as keys to professional success. The importance of maintaining one's health and appearance is discussed as it pertains to professionalism.

### **Key Performance Indicators:**

**In class:**

- Student proficiency will be evaluated on completion of assigned review problems and completion of workbook assignments with a 70% minimum accumulated score.

**Following class:**

- The knowledge and skills acquired in this course will be demonstrated in subsequent courses.

**Representative Text and/or Supplies:**

- *Professional Development Program Level 1*, current edition, The Professional Development Program.

**Optimum Class Size:** 15

**Maximum Class Size:** 20

**Signatures:**

I hereby submit this course syllabus:

---

Richard Harris, ,

I hereby find this course consistent with the goals and resources of the Culinary Arts Department:

---

Richard Harris, , Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

---

Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

---

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

---

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)