SNOW COLLEGE

Snow College Community Education presents the 3rd Annual Skyline Family Health Expo in partnership with SnowFit

SKYLINE FAMILY SEPTEMBER HEALTH EXPO

AT SNOW COLLEGE HUNTSMAN LIBRARY

EXPO SCHEDULE

7:00am - Register for Race/Walk 7:30 - 1Mile Fun Run 8:00 - 5K Run 8:30-10:30 - Fruit & Yogurt Crepes 9:00 - Awards Ceremony for Race 9:15-2:00 - Classes & Workshops on Healthy Living Noon - Keynote Speaker, Dr. Darcee Schmidt, DC, MS Great additional speakers, including

Dr. Jason Archer, DC, Neal Bosshardt, Rod Smith, CEO and President of Green Polka Dot Box, and Dr. Greg Bosshardt, DC, MS

ACTIVITIES & ENTERTAINMENT

Free Yoga and Zumba Classes 8:00-11:00 Free Kid's Games and Prizes Free Eye Exams from Lion's Club Massage Chairs **Caricature Drawings** by Steve Weller Red Cross Blood Drive 9:00-2:00

www.snow.edu/healthexpo



Scan this **QRcode** to visit our webpage for more information.

Check out www.snow.edu/healthexpo or call 283-7670 for more information and to pre-register

FRIENDS FITNESS FOOD FAMILY FUN

