



PE 2676

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 2676

Title: Cheerleading

Catalog Description:

This is an intercollegiate varsity athletic team. Open-entry, open-exit with permission of instructor. Repeatable for credit.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 10

Clock/Hour Requirements: 30

Offered for Non-Credit: No

Justification:

This course fulfills elective credit at four year institutions in the state. This team supports all other Snow College NJCAA athletic teams.

Student Learning Outcomes:

The student will be able to:

- demonstrate proper cheerleading techniques.
- demonstrate improved tumbling skill.
- describe and discuss the principles of leadership.
- describe and discuss ways to improve communication skills.

Content:

This course will teach students the following skills:

- Tumbling
- Stunting
- Crowd interaction
- Basic cheer technique
- Dance
- Conditioning
- Service activities

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Understanding, participating, and enjoying cheerleading can be components of personal wellness. As students participate in cheerleading they will exhibit individual strength and cardiovascular fitness as well as appropriate decision making skills and team skill development. The instructor will evaluate the students technique and make suggestions for improvement.

Key Performance Indicators:

Students will be assessed on the following:

- Attendance and punctuality
- Classroom assignments*

*Summer conditioning calendars, fund raising assignments, grade check assessments.

Representative Text and/or Supplies:

Instructor's material packet.

Optimum Class Size: 12

Maximum Class Size: 20

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)