



PE 2416

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 2416

Title: Intercollegiate Volleyball Women

Catalog Description:

This Course is for members of the Womens intercollegiate volleyball team at Snow College.
Repeatable for credit.

General Education Requirements: N/A

Semesters Offered: Fall

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 10

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Prerequisites: Instructor

Justification:

This course fulfills elective credit at four year institutions in the state of Utah.

Student Learning Outcomes:

Students will be able to:

- demonstrate the skills, fundamentals and rules of volleyball.
- demonstrate the leadership qualities associated with playing as a team.
- explain and discuss the use of physical conditioning techniques and training skills.

Content:

This course will cover all the fundamentals of volleyball including:

- Offense
- Defense
- Team play
- Special situations
- Conditioning

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will work on the components of physical fitness to become better conditioned athletes. The students will be under daily observation and evaluated on their skill, attitude and work ethic. The instructor will evaluate the students technique and make suggestions for improvement.

Key Performance Indicators:

Students will be evaluated on:

- their level of play in games.
- participation in practices and conditioning skills.
- work ethic and attitude
- ability to work within a team environment.

Representative Text and/or Supplies:

Optimum Class Size: 14

Maximum Class Size: 14

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)