



PE 2222

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 2222

Title: Playground Education and Recreation

Catalog Description:

This course involves lecture and practical work in the selection and use of suitable materials and methods used for directing and teaching age-level groups different skills and games. Students will learn organization and leadership skills for a variety of social and recreation games.

General Education Requirements: N/A

Semesters Offered: Spring

Credit/Time Requirement: Credit: 3; Lecture: 3; Lab: 0

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Justification:

This course is required for child care management majors, physical education and recreation majors. This course transfers to SUU, USU, Weber, and Dixie. This course fulfills elective credit at all other Utah higher education institutions.

Student Learning Outcomes:

Students will be able to:

- demonstrate the ability to select suitable materials and methods for directing age-level groups.
- practice good leadership skills and explain and discuss ways to improve their leadership skills.
- explain and discuss what to consider when selecting and playing games and activities.
- practice and direct a variety of games, social activities, and physical activities for all age groups.

Content:

Lectures and practical work in selection of suitable teaching methods, equipment and materials used for directing age level groups and games.

- games and activities
- the importance of leadership
- qualities of effective leaders
- roles of activity leaders

- age considerations
- getting the most from your games
- sequencing
- what makes a great social element of a great activity
- improving leadership qualities.

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students learn, practice, and direct physical activities that are developmentally appropriate for various age groups and physical fitness levels. The instructor will evaluate the students technique and suggest ways to improve.

Key Performance Indicators:

Attendance

Participation

Practical skills

Improvement tests

Representative Text and/or Supplies:

Teacher handouts

Optimum Class Size: 32

Maximum Class Size: 39

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)