



PE 2030

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 2030

Title: Organization Intramural Sports

Catalog Description:

This course teaches the development of sports tournaments, units of competition, scoring systems and coordination of intramural sports programs with physical education and athletics in secondary and postsecondary schools.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 3; Lecture: 3; Lab: 0

Clock/Hour Requirements: 22

Offered for Non-Credit: No

Justification:

This course meets physical education professional course credit at four year institutions and is designed mainly for physical education majors.

Student Learning Outcomes:

The student will be able to:

- explain and discuss the components of a quality recreation program.
- explain and discuss the benefits associated with a quality intramural Sports program.
- demonstrate the ability to create tournament brackets for a variety of different tournament (round robins, double elimination, single elimination, single elimination with a consolation bracket etc.).
- Explain and discuss the philosophy behind tournament bracketing.

Content:

This course is designed to help students learn the basic units of competition. Tournament types, set and administration of scoring systems. Coordination of Intramural sports programs with physical education and athletics. Needs and set-up program at secondary and post-secondary level. Recreation programs and tournaments, basic rules and planning time for intramurals. Noon hour programs, expanded outdoor intramural programs and the wise use of ones leisure time.

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

An effective Inramural program will offer a great variety of physical activity for for students and other interested adults. This course will help students learn the need for life long physical fitness and the need to have a wise use of our leisure time. The instructor will evaluate the students knowledge and technique and make suggestions for improvement.

Key Performance Indicators:

Attendance and participation

Supervision of assigned intramural programs for Snow College.

Quizzes

Midterm Exam

Final Exam

Representative Text and/or Supplies:

Optimum Class Size: 20

Maximum Class Size: 30

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)