



PE 1720

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1720

Title: Social Dance I

Catalog Description:

This course teaches beginning level American Social Dance including Foxtrot, Waltz, Swing and Cha Cha. Emphasis is placed on correct rhythm, poise, footwork, dance position, leading and following, technique and etiquette.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 30

Offered for Non-Credit: No

Justification:

Meets physical education elective requirements at four year institutions.. Transfers U.S.U. as P.E. 1720, Dixie State College as PEHR 1720. Dance is a physical activity that stimulates personal fitness and wellness in personal lifestyle through strength, flexibility, endurance and coordination.

Student Learning Outcomes:

The student will be able to:

- dance each of the dances using correct rhythm, dance positions and poise.
- demonstrate communication skills, poise, and social etiquette through leading and following while learning and performing different dance steps.
- demonstrate increased strength, flexibility, endurance and coordination.

Content:

Students will be introduced to the following dances and concepts:

- Foxtrot
- Waltz
- Swing
- Cha Cha
- Leading/Following

- Posture
- Step execution
- Rhythm
- Style
- Performance

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will apply the lifetime skills and fitness principles of dance. The instructor will evaluate the student's technique and make suggestions for ways to improve.

Key Performance Indicators:

The students will be assessed on the following:

- class participation and attendance about.
- performance evaluation for each dance studied.

Representative Text and/or Supplies:

Optimum Class Size: 30

Maximum Class Size: 50

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)