



PE 1710

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1710

Title: Western Swing Dance

Catalog Description:

This course teaches the student how to western swing dance and line dance. Approximately 11 line dances are taught and a variety of swing moves. This is taught at the Ephraim Social Hall (top floor of Roy's pizza) every Wednesday night at 7:00pm for two hours. The Snow College Western Dance Club sponsors a dance each Wednesday night after class from 9:00pm to 11:30 pm.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 30

Offered for Non-Credit: No

Prerequisites: none

Corequisites: none

Justification:

This class fills an elective credit for physical education at Utah State University. Provides an opportunity to interact socially.

Student Learning Outcomes:

The student will be able to:

- demonstrate the appropriate foot work and timing associated with each dance.
- successfully execute the basic moves associated with western swing dancing.

Content:

Line Dances

- Freeze
- Rocky Top
- Slappin' the Leather
- Cowboy Boogie

- and others

Swing Moves

- Basic Swing
- Arch & Loop
- Combination
- Double Loop
- Tunnel
- Right Hand Pullover
- Lariat
- and others

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Western swing requires cardiovascular endurance and strength for the swing moves. Cardiovascular endurance and strength are basic components of personal fitness. These fitness components have scientifically proven health benefits which enhance an individuals wellness. The instructor will evaluate the students technique and make suggestions for improvement.

Key Performance Indicators:

There is a practical exam at the end of the semester for each student to perform and be evaluated on the line dances that they have learned. They are graded on style, form, knowledge and ability to dance. The same evaluation is also preformed with the swing dance. Attendance is a critical issue for this class. Approximately 80% of the students grade is based upon attendance and about 20% of the grade is based up skill development with the swing and line dances.

Representative Text and/or Supplies:

Optimum Class Size: 80

Maximum Class Size: 120

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)