



PE 1560

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1560

Title: Riding and Horsemanship

Catalog Description:

This is a physical education activity course which will include trail riding, horse and rider safety, knowledge of basic items of tack and equipment, and feed and care of the horse.

General Education Requirements: N/A

Semesters Offered: Spring

Credit/Time Requirement: Credit: 1; Lecture: 2; Lab: 2

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Corequisites: Students need to provide their own horse.

Justification:

This course will transfer as elective physical education credit to four-year institutions.

Student Learning Outcomes:

As a result of taking this course, students will be able to:

- discuss the proper methods of feeding and caring for a horse.
- demonstrate the basic skills & techniques of horsemanship.
- identify basic tack and equipment, the conformation points of a horse.
- identify and discuss the anatomical structure of the horse.
- explain & discuss some of the dangers associated with horses and what safety measures can help prevent accidents.
- discuss some of the other activities associated with horses such as shoeing, packing, and showing.

Content:

PE 1560 will cover the following topics:

- horse safety, cautions and preventions
- horse feeding and care
- anatomical parts of the horse

- horse tack and equipment
- riding and horsemanship
- demonstrations of saddling, bridling, harnessing, shoeing, and packing

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will participate in feeding, care, and grooming of their horse. They will learn about and practice saddling, bridling, and riding. They will ride at least 25 hours during the semester. The association with horses and riding activities can be considered a lifetime activity. The instructor will evaluate the students technique and suggest ways to improve.

Key Performance Indicators:

Class:

A midterm and final test will be given.

Sections of the written test include:

- safety, feeding and care of the horse
- identification of tack and equipment
- identification and location of anatomical animal parts

Lab:

Riding hours (at least 25 during the semester)

Representative Text and/or Supplies:

The Light Horse, University of California Extension leaflet #2338.

Horses and Horsemanship by Ray J Antoniewicz, current edition. Text made available in the library.

Optimum Class Size: 15

Maximum Class Size: 15

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)