



## PE 1560

**Division:** Social and Behavioral Science

**Department:** Physical Education

**Course:** PE 1560

**Title:** Riding and Horsemanship

**Catalog Description:**

This is a physical education activity course which will include trail riding, horse and rider safety, knowledge of basic items of tack and equipment, and feed and care of the horse.

**General Education Requirements:** N/A

**Semesters Offered:** Spring

**Credit/Time Requirement:** Credit: 1; Lecture: 2; Lab: 2

**Clock/Hour Requirements:** 0

**Offered for Non-Credit:** No

**Corequisites:** Students need to provide their own horse.

**Justification:**

This course will transfer as elective physical education credit to four-year institutions.

**Student Learning Outcomes:**

As a result of taking this course, students will:

- be able to enjoy feeding and caring for a horse
- be able to enjoy the physical activity of riding as they learn basic techniques of horsemanship
- be familiar with basic tack and equipment, the conformation points of a horse as well as the anatomical structure of the horse
- be aware of some of the dangers associated with horses and safety measures that can help prevent accidents
- be aware of some of the other activities associated with horses such as shoeing, packing, and showing
- develop a lifelong love of riding and horsemanship which will increase the physical activity of the individual

**Content:**

PE 1560 will cover the following topics:

- horse safety, cautions and preventions

- horse feeding and care
- anatomical parts of the horse
- horse tack and equipment
- riding and horsemanship
- demonstrations of saddling, bridling, harnessing, shoeing, and packing

### **General Education Outcomes:**

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will participate in feeding, care, and grooming of their horse. They will learn about and practice saddling, bridling, and riding. They will ride at least 25 hours during the semester. The association with horses and riding activities can be considered a lifetime activity.

### **Key Performance Indicators:**

A midterm and final test will be given.

Sections of the written test include:

- safety, feeding and care of the horse
- identification of tack and equipment
- identification and location of anatomical animal parts

Items above: 50% of grade

Riding hours (at least 25 during the semester): 50% of grade

### **Representative Text and/or Supplies:**

*The Light Horse*, University of California Extension leaflet #2338.

*Horses and Horsemanship* by Ray J Antoniewicz, current edition. Text made available in the library.

**Optimum Class Size:** 15

**Maximum Class Size:** 15

**Signatures:**

I hereby submit this course syllabus:

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Elliot Anderson, ,

I hereby find this course consistent with the goals and resources of the Physical Education Department:

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Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

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Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)