



PE 1225

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1225

Title: Softball

Catalog Description:

This course teaches the fundamentals of softball and team play.

General Education Requirements: N/A

Semesters Offered: Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Justification:

This course fills an elective physical education credit at all of the four year institutions in Utah.

Student Learning Outcomes:

The student will be able to:

- demonstrate an understanding of the rules of softball.
- discuss and explain the importance of "team play" in softball.
- discuss and explain the elements of good sportsmanship.

Content:

- Rules
- Field markings
- Safety factors
- Skill fundamentals
- Sportsmanship.

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Understanding, participating, and enjoying sports can be components of personal wellness. As students p

participate in softball, they will exhibit individual strength and cardiovascular fitness as well as knowledge and appropriate decision making skills. The instructor will evaluate the students technique and make suggestions for improvement.

Key Performance Indicators:

This PE activity class is graded heavily on attendance and participation. Basic softball skills are assessed. The written final covers rules, strategies and techniques.

Representative Text and/or Supplies:

Optimum Class Size: 20

Maximum Class Size: 30

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)