



PE 1211

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1211

Title: Intermediate Volleyball

Catalog Description:

This course is a physical education activity class designed to help students improve and develop advanced skills in volleyball.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Prerequisites: PE 1210 or instructor approval

Justification:

This course fulfills a physical education credit at Utah State University (PE 1211).

Student Learning Outcomes:

- Students will be able to demonstrate improvement in their precision and accuracy.
- Students will be able to demonstrate proper positioning on the court.
- Students will be able to discuss advanced strategies of volleyball.

Content:

- Review rules of volleyball, court markings, & safety factors
- Intermediate skills and strokes.
- Game strategie
- Preparing mentally for the game.

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Understanding, participating, and enjoying sports can be components of personal wellness. As students

participate in volleyball, they will exhibit individual strength and cardiovascular fitness, as well as knowledge and appropriate decision making skills. The instructor will evaluate the student's technique and make suggestions for improvement.

Key Performance Indicators:

Quizzes and exams for each section of rules, along with a midterm and final exam. Attendance and participation is critical, as is the skills test.

Representative Text and/or Supplies:

Optimum Class Size: 20

Maximum Class Size: 30

Signatures:

I hereby submit this course syllabus:

Bob Trythall, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)