



## PE 1200

**Division:** Social and Behavioral Science

**Department:** Physical Education

**Course:** PE 1200

**Title:** Basketball Fundamentals

**Catalog Description:**

This course is designed to teach fundamental basketball skills of passing, shooting, team play, strategy, and rules.

**General Education Requirements:** N/A

**Semesters Offered:** Fall, Spring

**Credit/Time Requirement:** Credit: 1; Lecture: 0; Lab: 2

**Clock/Hour Requirements:** 30

**Offered for Non-Credit:** No

**Prerequisites:** none

**Justification:**

This course transfers as a physical education elective credit to four-year institutions.

**Student Learning Outcomes:**

Students will learn and practice basketball fundamentals and practice team play. Basketball is a sport that can provide fitness benefits for a lifetime.

**Content:**

This course teaches the following fundamental basketball skills:

- Rules
- Shooting
- Ball handling
- Defense
- Team play

**General Education Outcomes:**

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will learn and practice principles of lifetime fitness. Basketball is a sport that can provide fitness benefits for a lifetime.

**Key Performance Indicators:**

Assessment is based on the following approximate values: Rules quiz about 10%, Attendance is about 60%, Skills assessment about 15%, Final about 15%.

**Representative Text and/or Supplies:**

Basketball shoes and activity clothes

**Optimum Class Size:** 20

**Maximum Class Size:** 24

**Signatures:**

I hereby submit this course syllabus:

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Elliot Anderson, ,

I hereby find this course consistent with the goals and resources of the Physical Education Department:

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Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

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Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)