



PE 1145

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1145

Title: Bowling

Catalog Description:

This course teaches the student how to average scores, develop handicaps, and score bowling games. The class is divided into teams and competes in regular bowling leagues. Students also learn about tap nine bowling, low score bowling and Baker bowling.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Prerequisites: none

Corequisites: none

Justification:

This class transfers to all schools in the Utah higher education system.

Student Learning Outcomes:

Students will demonstrate

- correct techniques of bowling such as correct approaches and correct grips
- bowling etiquette
- how to develop a personal average and handicap
- how to score a game

Students will also

- participate in league competition
- enjoy variations of the game of bowling such as Baker Bowling, Tap Nine and Low Score

Content:

The student will learn the techniques of the game

- The four step approach
- Conventional grips
- Bowling etiquette
- How to develop a bowling average
- How to figure their personal handicap

- How to score the game
- How to participate in and score league competition
- How to participate in variations of the game such as
 - Baker Bowling
 - Tap Nine
 - Low Score

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Bowling is a lifetime sport that supports personal-fitness physically, mentally, and socially. The student receives feedback by quizzes, daily critiquing by the instructor, and instruction on how to improve their bowling skills and knowledge.

Key Performance Indicators:

Attendance is approximately 75% of the grade. The written final is approximately 25% of the grade. The student will have opportunity to participate in league and individual competition demonstrating daily what they have learned.

Representative Text and/or Supplies:

Optimum Class Size: 40

Maximum Class Size: 40

Signatures:

I hereby submit this course syllabus:

Virgil Ash, M.A., Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)