



PE 1100 (Formerly PHED 1360)

Division: Social and Behavioral Science

Department: Physical Education

Course: PE 1100 (Formerly PHED 1360)

Title: Tennis I

Catalog Description:

This course is designed to teach basic tennis strokes, rules, and scoring.

General Education Requirements: N/A

Semesters Offered: Fall 1, Spring 2

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 30

Offered for Non-Credit: No

Justification:

This course transfers as elective credit to the following schools:

- Utah State University
- University of Utah
- Weber State University
- Southern Utah University
- Dixie State College
- Utah Valley University

Student Learning Outcomes:

The students will gain knowledge and appreciation for the game of tennis as a lifetime sport.

Content:

This course teaches students:

- Tennis rules
- Scoring
- Basic strokes (forehand, backhand, lob, serve, drop shot, overhead etc).
- Court etiquette
- Doubles and singles play
- Good sportsmanship
- Tennis practice drills

- Court dimensions and markings

General Education Outcomes:

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

With a basic understanding of the game of tennis, as observed and tested by the instructor, students can enjoy and participate in the sport throughout their lifetime.

Key Performance Indicators:

This course is assessed on the following approximate values:

Attendance 75%

Final exam 25%

Representative Text and/or Supplies:

Optimum Class Size: 14

Maximum Class Size: 24

Signatures:

I hereby submit this course syllabus:

Virgil Ash, M.A., Associate Professor

I hereby find this course consistent with the goals and resources of the Physical Education Department:

Bob Trythall, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)