



HFST 1500

Division: Social and Behavioral Science

Department: Home and Family Studies

Course: HFST 1500

Title: Human Development

Catalog Description:

In this course students learn about the fundamental principles of growth and development from conception through childhood to old age. The course includes the study of the biological process of development, as well as the emotional, social and cognitive development of the individual within a cultural and historical context.

General Education Requirements: Social and Behavioral Science

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 3; Lecture: 3; Lab: 0

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Prerequisites: N/A

Corequisites: N/A

Justification:

This course is designed to give students a basic introduction to the study of human growth and development. The course serves as a prerequisite for a number of other classes offered within the Department of Home and Family Studies, as well as majors offered at the university level. Those majors include Child Development, Family and Consumer Science Education, Early Childhood Education, Elementary Education, Family Studies and Nursing. The course currently fills the Social and Behavioral Science general education category at Snow College and most other institutions in the Utah State system of Higher Education. The course is taught at and articulates to all of the institutions in the system.

Student Learning Outcomes:

Students will be able to apply the major theories in the field of Human Development to their own lives.

Students will be able to identify the different methods used in conducting scientific research in the social sciences.

Students will be able to examine and report on current research in the field of Human Development.

Students will be able to identify and discuss the developmental stages and the typical behavior associated with development throughout the life span.

Students will be able to describe the cognitive, social and biological processes associated with development across the life span.

Students will be able evaluate and discuss behavior from a historical and cultural context.

Content:

- Foundations
- Research methods
- Theoretical foundations
- Genetic Influences
- The First 2 Years
- Early Childhood
- Middle Childhood/The School Years
- Adolescence
- Adulthood
- Late Adulthood
- Death and Dying

General Education Outcomes:

4) Retrieve, evaluate, interpret, and deliver information through a variety of traditional and electronic media.

Students are required to find five (5) articles from professional journals, read them and write a one page summary or abstract for each article. Students are encouraged to retrieve these articles using Ebscohost on the library's web page. The instructor will evaluate the submitted abstracts and make suggestions for improvement.

5) Apply a cultural and historical awareness to a variety of phenomena.

In their written work, students are asked to include what influence their culture played in the event they are analyzing and discuss how that event might have different at different times in history. The instructor evaluates students' comments.

Key Performance Indicators:

Student Learning Outcomes will be assessed by to or more of the following Key Performance Indicators:

- Exams
- Written Assignments
- Literature Review
- Observations (One Minute Papers)
- Case Study

Representative Text and/or Supplies:

Berger, Kathleen, *Invitation to the Life Span*. Worth Publishing.

Optimum Class Size: 36

Maximum Class Size: 45

Signatures:

I hereby submit this course syllabus:

Kim Cragun, MS, Associate Professor

I hereby find this course consistent with the goals and resources of the Home and Family Studies Department:

Kim Cragun, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)