



## HFST 1220

**Division:** Social and Behavioral Science

**Department:** Home and Family Studies

**Course:** HFST 1220

**Title:** Apparel Selection and Construction

**Catalog Description:**

This course examines the effects of clothing upon the physical, social, psychological, and economic well being of individuals, families, and society. It also provides as introduction to clothing construction. Students will use home sewing machines and sergers to construct at least two projects.

**General Education Requirements:** N/A

**Semesters Offered:** Fall, Spring

**Credit/Time Requirement:** Credit: 3; Lecture: 2; Lab: 2

**Clock/Hour Requirements:** 0

**Offered for Non-Credit:** No

**Prerequisites:** N/A

**Corequisites:** N/A

**Justification:**

This class provides a broad base of knowledge of clothing and textiles at an introductory level. It is required of Family and Consumer Science Majors and transfers to Southern Utah University as FLHD 1210/20.

**Student Learning Outcomes:**

Upon successful completion of this course, students will:

- understand the significance of apparel as a form of nonverbal communication
- apply the principles and elements of design to clothing choices
- apply individuality to clothing choices and plan appropriate dress for various occasions.
- operate a home sewing machine and serger.
- select fabrics and notions to complete at least two textile projects.

**Content:**

This course will include:

- psychological and sociological influences of dress
  - reasons for wearing clothing
  - impact of clothing
  - individuality
  - clothing as a communicator of culture
  - fashion
- application of design to clothing and appearance

- design
- line and silhouette
- color
- texture
- fabric design
- consumer clothing considerations
  - wardrobe strategies
  - fit in clothing
  - family clothing needs
  - shopping
  - care and maintenance of the wardrobe
  - the future of clothing
- basic clothing construction techniques
- equipment and supplies
- sewing machine and serger operation
- pattern, fabric, and notion selection

### **General Education Outcomes:**

5) Apply a cultural and historical awareness to a variety of phenomena.

The content of this course reflects both cultural and historical influences on clothing choices. Students write a paper specifically on cultural influences and participate in a group assignment where historical costumes are evaluated.

### **Key Performance Indicators:**

- visual and oral presentations: 25% of final grade
- written assignments: 20% of final grade
- exams: 10% of final grade
- projects incorporating sewing techniques: 45%

### **Representative Text and/or Supplies:**

Recommended but not required:

- Marshall, Jackson, Stanley, Kefgen, and Touchie-Specht, *Individuality in Clothing Selection and Personal Appearance*, current edition, Prentice Hall.
- Simplicity Pattern Company, *New Simplicity Sewing Book*, New York, NY

**Optimum Class Size:** 20

**Maximum Class Size:** 24

**Signatures:**

I hereby submit this course syllabus:

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Tracie Bradley, MEd, Associate Professor

I hereby find this course consistent with the goals and resources of the Home and Family Studies Department:

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Kim Cragun, MS, Associate Professor, Chair

I hereby find this course consistent with the goals and resources of the Social and Behavioral Science Division:

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Sue Dalley, M.S., Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)