



DANC 1780

Division: Fine Arts

Department: Dance

Course: DANC 1780

Title: Country Western Dance I

Catalog Description:

This course covers Country Western couple dances including Cotton Eyed Joe, Polka, Two-Step, Pony Swing, Waltz, Texas Schottische and East Coast Swing.

General Education Requirements: N/A

Semesters Offered: Fall, Spring

Credit/Time Requirement: Credit: 1; Lecture: 0; Lab: 2

Clock/Hour Requirements: 0

Offered for Non-Credit: No

Prerequisites: None

Justification:

This course teaches Country Western style couple dancing at a beginning level. Demand for Country Western dance is high in Sanpete County as shown by the current Country Swing class consistently being full. This class extends the knowledge of the Country Western Swing class into couple Country Western.

Student Learning Outcomes:

Students will learn the proper etiquette, form, positions, leading and following, and proper rhythm for each dance. Upon completion of this course, students should be able to perform basic Country Western style couple dancing using elements of balance, rhythm, coordination, and foot patterns.

Content:

Students will learn basic steps of Country Western dancing with a partner using dance elements of balance, rhythm, coordination, basic foot patterns and leading and following.

General Education Outcomes:

5) Apply a cultural and historical awareness to a variety of phenomena.

Students will explore music, costume and dance styles as they pertain to country western dance and its

influence on American culture.

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

The very nature of dance increases physical fitness in many ways: strength, flexibility, endurance and coordination. Through discussion of correct movement principles and how they apply to dance and all types of movement, students have the knowledge to exercise safely in all physical endeavors.

Key Performance Indicators:

Class attendance and participation (40%) are necessary to learn the elements involved. There will also be dance evaluations (60%) for each dance taught. Percentages are approximate.

Representative Text and/or Supplies:

None

Optimum Class Size: 12

Maximum Class Size: 40

Signatures:

I hereby submit this course syllabus:

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I hereby find this course consistent with the goals and resources of the Dance Department:

Patricia Meredith, MFA, Assistant Professor, Chair

I hereby find this course consistent with the goals and resources of the Fine Arts Division:

Vance Larsen, MM, Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)