



## DANC 1590

**Division:** Fine Arts

**Department:** Dance

**Course:** DANC 1590

**Title:** Hip Hop I

**Catalog Description:**

This course will explore a variety of Hip-hop styles and steps. Students will be introduced to fundamental dance techniques. Hip-hop as a cultural movement will be discussed.

**General Education Requirements:** N/A

**Semesters Offered:** Fall, Spring

**Credit/Time Requirement:** Credit: 1; Lecture: 1; Lab: 1

**Clock/Hour Requirements:** 0

**Offered for Non-Credit:** No

**Prerequisites:** None

**Corequisites:** None

**Justification:**

Hip-hop dancing is evolving in many different directions, heavily influenced by the evolution of Hip-hop music and its popularity in media. Many different styles of Hip-hop are common in current popular music videos.

Today's college students have grown up with Hip-hop as a form of personal expression, social interaction and something in which men and women can both participate.

**Student Learning Outcomes:**

Upon completion of this course students should be able to perform the basics of Hip-hop movement with correct alignment, be familiar with and demonstrate all learned steps by vocal cues only, and demonstrate increased ability in areas of flexibility, strength and musicality. A basic knowledge of Hip-hop history will be demonstrated through a historical presentation.

**Content:**

Students will practice a wide variety of Hip-hop movements and styles. The daily warm-up and technique portions of class will include stretching, coordination exercises, instruction on physiology and efficiency of movement. Attention will be paid to strengthening every major muscle group of the body, focusing on core and upper body strength. Complete dances will be performed to increase a student's movement vocabulary. The origin of steps and Hip-hop culture will be examined.

**General Education Outcomes:**

9) Respond with informed sensitivity to an artistic work or experience.

Students will have the opportunity to respond to both videotaped performances and the dancing of their peers in

class. Response will come in the form of discussion, presentation and tests.

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

The very nature of dance increases physical fitness in many ways: strength, flexibility, endurance and coordination. Through discussion of correct movement principles and how they apply to dance and all types of movement, students have the knowledge to exercise safely in all physical endeavors.

**Key Performance Indicators:**

As this is an experiential course, attendance and complete participation are necessary (55%). The historical presentation (15%) will show the students ability to articulately present research and logically express a viewpoint. The midterm test on vocabulary used each day in class (10%) and the final exam, testing technical improvement, performance skills and theoretical knowledge (20%) will provide further evidence of learning. Percentages are approximate.

**Representative Text and/or Supplies:**

No text required. Clean, comfortable sneakers or flat, soft-soled dance shoes are required.

**Optimum Class Size: 12**

**Maximum Class Size: 25**

**Signatures:**

I hereby submit this course syllabus:

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I hereby find this course consistent with the goals and resources of the Dance Department:

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Patricia Meredith, MFA, Assistant Professor, Chair

I hereby find this course consistent with the goals and resources of the Fine Arts Division:

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Vance Larsen, MM, Associate Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)