



COSB 1212

Division: Career and Technical Education

Department: Cosmetology/Barbering

Course: COSB 1212

Title: Cosmetology/Barbering Principles Practicum A

Catalog Description:

Lab instruction and practice are an integral part of this program. This course covers principles and practices of manicuring, pedicuring, nail diseases and disorders, massage, facials, facial makeup, skin and its disorders and diseases, and removal of unwanted hair by tweezing and waxing.

General Education Requirements: N/A

Semesters Offered: TBA

Credit/Time Requirement: Credit: 5; Lecture: 0; Lab: 12

Clock/Hour Requirements: 188

Offered for Non-Credit: No

Prerequisites: COSB 1010 and either COSB 1011 or COSB 1012

Corequisites: None

Justification:

This course is required by the State Cosmetology Board to prepare students in cosmetology/barbering theory and practices.

Student Learning Outcomes:

Upon successful completion of this course, students will:

- demonstrate proper procedure and sanitary precautions for manicure and pedicure
- describe nail structure and composition
- recognize diseases and disorders of nails
- describe the manipulations used in massage and their benefits
- demonstrate the procedure and manipulative skills used in facials
- describe the beneficial effects of a facial
- demonstrate procedures for corrective makeup
- describe the structure, composition, and functions of the skin (histology)
- list the two general classifications of unwanted hair removal
- identify acceptable techniques involved in the methods of permanent hair removal
- describe the many tissues, organs, and systems of the human body
- describe the structure and functions of the human body

- demonstrate all applications for nail enhancements
- use proper massage techniques, using hand and electrical apparatuses, to improve and correct skin condition
- demonstrate proper makeup applications for maintenance and corrective makeup
- know first aid for minor cuts, blood spills, burns, customer injuries, and situations that require Emergency Medical Services notification
- use various esthetic manipulative procedures to improve and correct skin conditions
- know the proper color selection for a regular application and corrective color
- know all the safety measures for all techniques used in our industry.

Content:

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- advanced manicuring and pedicuring techniques
- different types of facials
- proper application of makeup to balance all facial features
- different techniques for temporary hair removal
- three types of permanent hair removal
- different parts of the systems in the human body
- proper application of nail enhancements
- using electric currents and hand manipulations to perform massage techniques in preventative and corrective facials
- recognizing skin, hair, and nail disorders
- using various esthetic procedures
- barber and style cutting
- fitting and caring of artificial hair pieces
- safety measures for all techniques in nails, facials, coloring, cutting, and chemical relaxing
- color selection and procedures for corrective hair coloring
- use of first aid techniques for cuts, blood spills, burns, and other emergencies.

General Education Outcomes:

3) Speak effectively in a variety of contexts.

Students communicate with clients regarding desired outcomes and expectations. Effective speaking and listening skills are critical for success in the cosmetology profession.

6) Apply computational skills to a variety of contexts.

Students will be able to precisely measure and mix solutions in the chemical application of hair products.

7) Apply scientific reasoning to a variety of contexts.

Students will learn the "Law of Color" as it applies to hair coloring, and the effect of pH levels on hair condition.

8) Apply ethical reasoning to a variety of contexts.

Students will learn to communicate with clients in an ethical fashion when arriving at style/coloring decisions.

9) Respond with informed sensitivity to an artistic work or experience.

Students will learn to appreciate and critique styles, cuts, coloring, and textures based on current trends and appropriate application.

Key Performance Indicators:

In class:

- Students are tested orally on an ongoing basis. Written tests are given on major subject areas.
- Courses 1210, 1212, 1213 are combined series. Students will be graded based on their performance in all three classes. Written tests on major subject areas make up 20% - 30% of grade, and practical grades in all subject areas consist of 70% - 80% of student grades.

Following class:

- After completion of the course, competency will be measured by success in subsequent courses and by passing the state license exam.

Representative Text and/or Supplies:

- *Milady's Standard Textbook of Cosmetology*, current edition, Milady Publishing Company, Albany, New York.
- Supplemental materials may be required

Optimum Class Size: 0

Maximum Class Size: 25

Signatures:

I hereby submit this course syllabus:

Chad Price, A.A.S., Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)