



## COSB 1210

**Division:** Career and Technical Education

**Department:** Cosmetology/Barbering

**Course:** COSB 1210

**Title:** Cosmetology/Barbering Principles

**Catalog Description:**

This course covers principles and practices of manicuring, pedicuring, nail diseases and disorders, massage, facials, facial makeup, skin and its disorders and diseases, removal of unwanted hair, anatomy, and physiology.

**General Education Requirements:** N/A

**Semesters Offered:** TBA

**Credit/Time Requirement:** Credit: 4; Lecture: 4; Lab: 0

**Clock/Hour Requirements:** 60

**Offered for Non-Credit:** No

**Prerequisites:** None

**Corequisites:** None

**Justification:**

This course is required by the State Cosmetology Board to prepare students in cosmetology/barbering theory and practices.

**Student Learning Outcomes:**

Upon successful completion of this course, students will be able to:

- demonstrate proper procedure and sanitary precautions for manicure and pedicure
- describe nail structure and composition
- recognize diseases and disorders of nails
- describe the manipulations used in massage and their benefits
- demonstrate the procedure and manipulative skills used in facials
- describe the beneficial effects of a facial
- describe correct makeup application techniques
- demonstrate procedures for corrective makeup
- describe the structure, composition, and functions of the skin (histology)
- know terms for the various skin disorders
- list the two general classification of unwanted hair removal
- identify acceptable techniques involved in the methods of permanent hair removal
- describe the many tissues, organs, and systems of the human body

- describe the structure and functions of the human body
- know different types of makeup and their uses
- demonstrate all applications for nail enhancements
- use proper massage techniques, using hand and electrical apparatuses, to improve and correct skin conditions
- demonstrate proper makeup applications for maintenance and corrective makeup
- recognize skin, hair, and nail diseases and disorders by their symptoms, both objective and subjective
- use the various esthetic procedures
- demonstrate haircutting for men and women
- know how to care for and maintain artificial hair pieces
- know all the safety measures for all techniques used in our industry as it relates to nails, facials, coloring, cutting, and chemical relaxing
- know the proper color selection for a regular application and corrective color
- know procedures of all artificial nail enhancements
- know first aid for minor cuts, blood spills, burns, customer injuries, and situations that require Emergency Medical Services notification
- use various esthetic manipulative procedures to improve and correct skin conditions.

### **Content:**

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- advanced manicuring and pedicuring techniques
- different types of facials
- proper application of makeup to balance all facial features
- different techniques for temporary hair removal
- three types of permanent hair removal
- different parts of the systems in the human body
- different esthetic techniques to the benefit of the customer
- safety and sanitation
- proper application of nail enhancements
- using electric currents and hand manipulations to perform massage techniques in preventative and corrective facials
- proper makeup applications for maintenance and corrective techniques
- recognizing skin, hair, and nail disorders
- barber and style cutting
- safety measures for all techniques in nails, facials, coloring, cutting, and chemical relaxing
- use of first aid techniques for cuts, blood spills, burns, and other emergencies.

### **General Education Outcomes:**

2) Write clearly, informatively, and persuasively.

Students communicate with clients regarding desired outcomes and expectations. Effective speaking and

listening skills are critical for success in the cosmetology profession.

### **Key Performance Indicators:**

#### **In class:**

- Students are tested orally on an ongoing basis. Written tests are given on major subject areas.
- Courses 1210, 1212, 1213 are combined series. Students will be graded based on their performance in all three classes. Written tests on major subject areas make up 20% - 30% of grade, and practical grades in all subject areas consist of 70% - 80% of student grades.

#### **Following class:**

- After completion of the course, competency will be measured by success in subsequent courses and by passing the state license exam.

### **Representative Text and/or Supplies:**

- *Milady's Standard Textbook of Cosmetology*, current edition, Milady Publishing Company, Albany, New York.
- Supplemental materials may be required

**Optimum Class Size: 0**

**Maximum Class Size: 25**

**Signatures:**

I hereby submit this course syllabus:

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Chad Price, A.A.S., Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

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Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

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Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)