



COSB 1111

Division: Career and Technical Education

Department: Cosmetology/Barbering

Course: COSB 1111

Title: Cosmetology/Barbering Concepts Practicum

Catalog Description:

Lab instruction and practice are an integral part of this program. This course provides practical experience with shampooing, scalp treatments, manicuring, pedicuring, application of nail enhancements, haircutting, hairstyling, permanent waving, facials, esthetic procedures, massaging, trichology, care and styling of wigs and wiglets, finger waving, haircoloring, and bleaching.

General Education Requirements: N/A

Semesters Offered: Fall

Credit/Time Requirement: Credit: 10; Lecture: 0; Lab: 25

Clock/Hour Requirements: 375

Offered for Non-Credit: No

Prerequisites: COSB 1010 and either COSB 1011 or COSB 1012

Corequisites: None

Justification:

This course is required by the State Cosmetology Board to prepare students in cosmetology/barbering theory and practices. This course will give the practical experiences necessary.

Student Learning Outcomes:

Upon completion of this course, students will:

- become familiar with the origins of Cosmetology/Barbering and understand the advancements made in these fields during the nineteenth and twentieth centuries
- learn principles that contribute to personal and professional success such as self management, setting long and short term goals, manage time, develop good study habits, and develop a healthy, positive attitude
- understand the importance of self-image, such as personal hygiene, dressing for success, reducing stress, proper nutrition and exercise, demonstrating good posture both in sitting and standing
- learn the importance of effective communication by assessing the client's needs, also building open lines of communication with coworkers and salon managers
- know the differences between sterilization, disinfection, and sanitation and understand the types and classifications of bacteria

- understand the importance of anatomy and physiology to the cosmetology profession
- understand the difference between organic and inorganic chemistry, also know the different forms of matter: elements, compounds, and mixtures
- define the nature of electricity and the two types of electric current and understand the five types of light therapy and their benefits
- understand the five elements and principles of hair design and identify different facial shapes
- know and understand pH and the uses and benefits of various types of shampoos and conditioners
- know and understand the importance of hair cutting and how using angles, elevations, and guidelines will help establish any cut the client wants
- demonstrate proper procedures and sanitary precautions for manicures, pedicures and facials
- demonstrate the procedure and manipulative skills used in facials, pedicures and manicures and know the beneficial effects of those services
- know and demonstrate the various techniques in styling hair
- learn techniques used in our industry as it relates to natural and artificial nails, facials, coloring, cutting, chemical relaxing, manicuring and pedicuring, esthetics procedures, and permanent waving
- know first aid for minor cuts, blood spills, burns, customer injuries, and situations that require emergency medical services.

Content:

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- origins of hairstyling and barbering and the career opportunities available in this field
- principles that contribute to personal and professional success
- methods to ensure personal health and well-being
- basic processes of effective communication
- conducting services in a safe environment and taking measures to prevent the spread of infectious and contagious disease
- importance of anatomy and physiology to the cosmetology profession
- importance of chemistry and electricity in the Cosmetology/Barbering field
- composition of hair and the different types of hair loss
- five elements and principles of hair design, and identifying the different facial shapes
- pH and the difference in shampoos and conditioners
- mastering haircutting techniques
- mastering the various types of hair styling.

General Education Outcomes:

3) Speak effectively in a variety of contexts.

Students communicate with clients regarding desired outcomes and expectations. Effective speaking and listening skills are critical for success in the cosmetology profession.

6) Apply computational skills to a variety of contexts.

Students will be able to precisely calculate, measure, and mix solutions in the chemical application of hair products.

Applied Education Outcomes:

1) Students will acquire entry-level skills specific to and appropriate for employment in their chosen field of study.

Upon completion of the basic class, students will work on clients, performing all cosmetology and barbering techniques which will prepare them for employment in this field.

2) Students will become aware of industry specific certification and develop skills sufficient to acquire the same.

Upon completion of the program all students are required to take a state practical and written exam which is necessary for licensure. Both state exams must be passed at 75%.

3) Students will demonstrate safe practices and awareness of potential hazards in their field of expertise.

A portion of the student's grade is based upon sanitation. This involves how clean the student keeps their station. Also using proper sanitation techniques on the client. The students have basic chemistry classes helping them to understand what ingredients are in the products they use.

4) Students will demonstrate interpersonal skills specific to the skills and environment inherent in their field.

The interpersonal skills are developed as the student works with other students and learns to communicate with the clients they work on. Developing these skills are essential to be successful in this profession.

Key Performance Indicators:

In class:

- Students are graded on practical application of theoretical skills as these are practiced on mannequins or clients.
- Successful completion of competencies is verified by instructor.
- Students will be graded based on their performance. Written tests on major subject areas make up 20% - 30% of grade, and practical grades in all subject areas consist of 70% - 80% of student grades.

Following class:

- After completion of the course, competency will be measured by success in subsequent courses and by passing the state license exam.

Representative Text and/or Supplies:

- *Milady's Standard Textbook of Cosmetology*, current edition, Milady Publishing Company, Albany,

New York.

- Supplemental materials may be required

Optimum Class Size: 25

Maximum Class Size: 25

Signatures:

I hereby submit this course syllabus:

Chad Price, A.A.S., Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)