



## **COSB 1105 (formerly COSB 1111)**

**Division:** Career and Technical Education

**Department:** Cosmetology/Barbering

**Course:** COSB 1105 (formerly COSB 1111)

**Title:** Cosmetology/Barbering Lab 1

**Catalog Description:**

Lab instruction and practice are an integral part of this program. This lab course provides practical experience with shampooing, scalp treatment, manicuring, pedicuring, application of nail enhancements, haircutting, hairstyling, permanent waving, chemical relaxing, facials, esthetic procedures, hair extension applications, finger waving, roller sets, thermal curling, haircoloring, and hair lightening. This course has a service learning component.

**General Education Requirements:** N/A

**Semesters Offered:** Fall

**Credit/Time Requirement:** Credit: 10; Lecture: 0; Lab: 25

**Clock/Hour Requirements:** 375

**Offered for Non-Credit:** Yes

**Prerequisites:** COSB 1000, COSB 1005

**Corequisites:** COSB 1101

**Justification:**

This course is required by the State Cosmetology Board to prepare students in cosmetology/barbering theory and practices. The course content will give the practical experiences necessary to help prepare students to take the National Interstate Council of State Boards of Cosmetology Licensure Examination (NIC test).

**Student Learning Outcomes:**

Upon completion of this course, students will be able to:

- use clippers, facial steamer, high frequency machine, curling irons, flat irons, hair dryers, and other commonly available lab equipment and supplies
- demonstrate proper use of infection control by using correct principles and practices
- demonstrate the importance of effective communication by assessing the client's needs as they work with clientele
- keep accurate client service records
- read and follow client service records
- demonstrate correct procedures and techniques with minimal competency as they begin to work on clientele for the following services: shampooing, draping, scalp analysis, hairstyling, haircutting,

shaving, chemical texture services, hair coloring, wigs, hair extensions, facials, hair removal, manicures, artificial nails, and pedicures

- demonstrate all safety precautions to be taken for the above listed procedures
- demonstrate basic first aid for minor cuts, blood spills, burns, customer injuries, and situations that require emergency medical services.

### **Content:**

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- use and care of mannequins
- practice methods to ensure personal health and well-being
- maintaining a clean working environment, including equipment and implements
- proper draping and shampooing
- hair and scalp analysis
- basic haircutting techniques
- basic haircolor applications
- chemical texture wrapping and processing
- wet set and thermal hairstyling
- braiding, wig care, and extensions
- basic shaving, hair removal, and facial techniques
- manicures, pedicures, and artificial nail applications
- basic communication skills
- appointment booking, phone skills, and operating the cash register
- community service project, customer appreciation day.

### **General Education Outcomes:**

### **Applied Education Outcomes:**

1) Students will acquire entry-level skills specific to and appropriate for employment in their chosen field of study.

Students acquire entry-level skills by performing hands-on services for clients related to cosmetology/barbering and nail technology. Students will be required to pass off completed services to an instructor and then receive feedback.

2) Students will become aware of industry specific certification and develop skills sufficient to acquire the same.

Students will become know the skills needed to pass the National Interstate Council of State Boards of Cosmetology Licensure Examination (NIC test) by taking the semester final (mock NIC test). The instructor will assess students' knowledge and give feedback.

3) Students will demonstrate safe practices and awareness of potential hazards in their field of expertise.

This will be practiced as the students work on the clients, using proper infection control through correct draping techniques and correct equipment, implement, and tool disinfection. The instructor will assess students' knowledge and give feedback.

### **Key Performance Indicators:**

#### **In class:**

- Students are graded on practical application of theoretical skills as these are practiced on mannequins or clients. Successful completion of competencies is verified by instructors.
- The cumulative score on all assessments must be 75% or greater to continue in the Cosmetology/Barbering program.

#### **Following class:**

- After completion of the course, competency will be measured by success in subsequent courses and by passing the state license exam.

### **Representative Text and/or Supplies:**

- *Milady's Standard Textbook of Cosmetology Revised*, current edition, Milady Publishing Company, Albany, New York.
- Supplemental materials may be required.

**Optimum Class Size:** 8

**Maximum Class Size:** 12

**Signatures:**

I hereby submit this course syllabus:

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Teri Mason, AAS, Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

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Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

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Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)