



COSB 1010

Division: Career and Technical Education

Department: Cosmetology/Barbering

Course: COSB 1010

Title: Basic Cosmetology/Barbering

Catalog Description:

This course covers basic principles and practices of sanitation, hygiene, chemistry, manicuring, pedicuring, artificial nails, skin care, makeup, and basic esthetics. It also covers hair structure, care, analysis, treatments, coloring, permanent waving, setting, cutting, and styling. This course provides the theory for COSB 1010, 1012, or 1013 and must be taken concurrently with at least one of these practicums.

General Education Requirements: N/A

Semesters Offered: TBA

Credit/Time Requirement: Credit: 6; Lecture: 6; Lab: 0

Clock/Hour Requirements: 90

Offered for Non-Credit: No

Prerequisites: None

Corequisites: This course must be taken concurrently with either COSB 1012, or 1013.

Justification:

This is a prerequisite course required by the State Cosmetology Board to prepare students for further in-depth study in cosmetology/barbering theory and practices. It is also required before students are authorized to work in a laboratory setting or with patrons.

Student Learning Outcomes:

Upon successful completion of this course, students will be able to:

- know why and how to sanitize implements
- apply artificial nails
- demonstrate manicure and pedicure techniques
- understand basic chemistry as it relates to the pH scale
- define the major properties of the hair, including composition, growth, analyzation, and disorders
- demonstrate proper techniques in draping, brushing, shampooing, and rinsing
- define perming and haircoloring
- identify the chemistry of products used
- describe the relationship between hair structure, chemistry, and hair care techniques
- list the safety precautions to follow during service

- demonstrate client consultation and hair analysis
- demonstrate rod selection, sectioning, parting, and procedures
- demonstrate proper perming procedures
- demonstrate proper color selection and application
- understand why haircutting is a foundation for styling and other salon services
- demonstrate proper sectioning for haircutting
- perform the techniques used in cutting and thinning hair
- demonstrate a proper facial using various cosmetics, manipulations, and applications
- use proper massage techniques, (hand and electrical apparatuses) to improve and correct skin conditions
- demonstrate proper makeup applications for maintenance and corrective makeup
- recognize skin, hair, and nail diseases and disorders by their symptoms, both objective and subjective
- use various esthetic procedures
- know all the safety measures for all techniques used in our industry
- know the proper color selection for a regular application and corrective color
- use first aid for minor cuts, blood spills, burns, customer injuries, and situations that require Emergency Medical Services notification
- use various esthetic manipulative procedures to improve and correct skin conditions.

Content:

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- proper sanitation theory and techniques
- step by step manicure and pedicure procedures
- procedures for all nail enhancements
- chemistry and pH ramifications
- hair analysis using body senses and sophisticated equipment
- proper draping procedures
- brushing and shampooing the hair
- selecting shampoos, rinses, and conditioners
- how chemicals react to the hair
- how bonds change during permanent waving
- the hair accepts color molecules during coloring
- performing patch tests as required by the Food and Drug Administration and conducting strand tests to select color
- use of color wheel for color selection and/or correction
- proper rod selection, wrapping, testing, and removal
- proper hair color selection, color applications, strand testing, and color removal
- sectioning patterns and why they are used
- cutting implements and their proper use in men's and women's cuts
- proper draping for facials, facial procedure, and facial manipulations
- use of cosmetics on various kinds of skin
- use of various manipulative procedures to improve and correct skin conditions
- application of makeup to balance facial features and correct imperfections

- use of proper implements and procedures to protect patrons.

General Education Outcomes:

3) Speak effectively in a variety of contexts.

Students communicate with clients regarding desired outcomes and expectations. Effective speaking and listening skills are critical for success in the cosmetology profession.

10) Apply personal-fitness and wellness-management principles to lifestyle choices.

Students will be able to care for their own well-being as it pertains to working in a salon environment and schedule.

Key Performance Indicators:

In class:

- Students are tested orally on an ongoing basis. Written tests are given on major subject areas.
- Students are also graded on practical application of theoretical skills as they are performed on mannequins or clients.
- Written tests on major subject areas make up 20% - 30% of grade, and practical grades in all subject areas consist of 70% - 80% of student grades.
- Courses 1010, 1012, and 1013 are combined series. Students will be graded based on their performance in all three classes. Written tests on major subject areas make up 20% - 30% of grade, and practical grades in all subject areas consist of 70% - 80% of student grades.

Following class:

- After completion of the course, competency will be demonstrated by success in subsequent courses and by passing the state license exam.

Representative Text and/or Supplies:

- *Milady's Standard Textbook of Cosmetology Revised*, current edition, Milady Publishing Company, Albany, New York.
- Supplemental materials may be required

Optimum Class Size: 0

Maximum Class Size: 25

Signatures:

I hereby submit this course syllabus:

Chad Price, A.A.S., Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)