



## **COSB 1005 (formerly COSB 1012 & COSB 1013)**

**Division:** Career and Technical Education

**Department:** Cosmetology/Barbering

**Course:** COSB 1005 (formerly COSB 1012 & COSB 1013)

**Title:** Basic Cosmetology/Barbering Lab

**Catalog Description:**

This lab course is the main lab component for the COSB 1000 series. Lab instruction and practice are an integral part of this program. Practice and lab experiences include shampooing, scalp and hair treatments, manicuring, pedicuring, artificial nails, haircutting, hairstyling, permanent waving, chemical relaxing, facials, makeup application, hair coloring, hair lightening, shaving, waxing, and hair extension applications.

**General Education Requirements:** N/A

**Semesters Offered:** Fall, Spring, Summer

**Credit/Time Requirement:** Credit: 7; Lecture: 0; Lab: 17.5

**Clock/Hour Requirements:** 262.5

**Offered for Non-Credit:** Yes

**Prerequisites:** N/A

**Corequisites:** COSB 1001, see advisor for other corequisites

**Justification:**

This is a prerequisite course required by the State Cosmetology Board to prepare students in cosmetology/barbering theory and practices. The course content will help prepare students to take the National Interstate Council of State Boards of Cosmetology Licensure Examination (NIC test).

**Student Learning Outcomes:**

Upon successful completion of this course, students will be able to:

- apply principles of communication when relating to clients
- follow the correct safety precautions during all services
- demonstrate how to sanitize and disinfect implements and equipment
- demonstrate proper techniques in draping, brushing, shampooing, and rinsing
- demonstrate client consultation and hair analysis
- demonstrate proper sectioning and the use of guide lines for haircutting.
- demonstrate various shear, clipper and razor cutting techniques
- demonstrate perm rod selection, sectioning, parting and wrapping techniques
- demonstrate permanent wave processing and neutralizing procedures
- demonstrate proper color selection and application

- demonstrate facials using various cosmetics, manipulations and applications
- demonstrate manicure, pedicure and artificial nail procedures
- demonstrate scalp, hand, foot and facial massage
- demonstrate facial hair removal, through the use of shaving and waxing

### **Content:**

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- proper sanitation theory and techniques
- procedures for all artificial nail applications
- step by step manicure and pedicure procedures
- chemistry and pH ramifications
- hair analysis using body senses and sophisticated equipment
- proper draping procedures
- brushing and shampooing the hair
- selecting shampoos, rinses, and conditioners
- how chemicals react to the hair
- how bonds change during permanent waving and the hair accepts color molecules during coloring
- performing patch tests as required by the Food and Drug Administration and conducting strand tests to select color
- use of color wheel for color selection and/or correction
- proper rod selection, wrapping, testing, and removal
- proper hair color selection, color applications, strand testing, and color removal
- sectioning patterns and why they are used
- cutting implements and their proper use
- proper draping for facials, facial procedure, facial manipulations, and various esthetic procedures
- use of cosmetics on various kinds of skin
- application of makeup to balance facial features and correct imperfections
- recognition of skin and hair diseases and disorders
- use of proper implements and procedures to protect patrons
- first aid for minor cuts, blood spills, burns, customer injuries, and situations that require Emergency Medical Services notification
- use of various esthetic manipulative procedures to improve and correct skin conditions.

### **General Education Outcomes:**

### **Applied Education Outcomes:**

1) Students will acquire entry-level skills specific to and appropriate for employment in their chosen field of study.

Each student will go through the basic lab course. This course prepares students for working on clientele in the school and in the profession. Working on the public in school will help them develop the entry-level skills

necessary for employment. Students will receive instructor feedback on their performance.

2) Students will become aware of industry specific certification and develop skills sufficient to acquire the same.

Through the basic orientation and lab, students will know certification standards and the skills necessary for employment in the industry. Students will receive instructor feedback on their performance.

3) Students will demonstrate safe practices and awareness of potential hazards in their field of expertise.

Students will learn through theory and practical application the need for hand washing, implement disinfecting, and other standard precautions. Students will be graded on these sanitation and disinfection control practices and instructors will give appropriate feedback.

### **Key Performance Indicators:**

#### **In class:**

- Students are graded on practical application of theoretical skills as these are practiced on mannequins or clients. Successful completion of competencies is verified by instructors. The cumulative score on all assessments must be 75% or greater to continue in the Cosmetology/Barbering program.

#### **Following class:**

- After completion of the course, competency will be demonstrated by success in subsequent courses and by passing the state license exam.

### **Representative Text and/or Supplies:**

- *Milady's Standard Textbook of Cosmetology Revised*, current edition, Milady Publishing Company, Albany, New York.
- Supplemental materials may be required.

**Optimum Class Size: 6**

**Maximum Class Size: 8**

**Signatures:**

I hereby submit this course syllabus:

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Teri Mason, AAS, Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

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Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

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Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

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Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

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Michelle Olsen, MLS, Campus Librarian (Richfield Campus)