



COSB 1001 (formerly COSB 1010)

Division: Career and Technical Education

Department: Cosmetology/Barbering

Course: COSB 1001 (formerly COSB 1010)

Title: Basic Cosmetology/Barbering Theory

Catalog Description:

This theory course presents basic cosmetology practices, demonstrations of technical procedures, practical application of cosmetology skills, and identifies the responsibilities of the cosmetologist. Critical thinking skills will also be developed. Students will demonstrate competency through written tests and skills pass-off working on mannequins. This course prepares students for working with the public in the salon lab. This course is part of a required series to prepare students to take the National Interstate Council of State Boards of Cosmetology Licensure Examination (NIC test). Students must be accepted into the Cosmetology/Barbering program to take this course.

General Education Requirements: N/A

Semesters Offered: Fall, Spring, Summer

Credit/Time Requirement: Credit: 6; Lecture: 6; Lab: 0

Clock/Hour Requirements: 90

Offered for Non-Credit: Yes

Prerequisites: N/A

Corequisites: This course must be taken concurrently with COSB 1005.

Justification:

This is a prerequisite course required by the State Cosmetology Board to prepare students for further in-depth study in cosmetology/barbering theory and practices. It is also required before students are qualified to work in a laboratory setting or with clients.

Student Learning Outcomes:

Upon successful completion of this course, students will be able to:

- list safety precautions to follow during all services and procedures
- successfully perform client consultation and hair, skin, or nail analysis
- verbalize and demonstrate sanitizing and disinfecting steps
- define the properties of the hair, including composition, growth, and disorders
- define the properties of the nail, including anatomy, growth, and disorders
- define the properties of the skin, including analysis of different skin types
- demonstrate an understanding of basic chemistry as it relates to the pH scale

- demonstrate an understanding of chemistry of all hair, nail, and skin products used
- describe the relationship between hair structure, chemistry, and hair care techniques
- understand the law of color and how it relates to the hair
- define correct technical skills for permanent waving, chemical relaxing, and hair coloring
- verbalize and appreciate the history and role of hair styling
- verbalize why haircutting is a foundation for all other successful services
- list techniques used for sectioning and texturizing during a haircut
- define the different types of artificial nail enhancements
- define correct scalp, hand and arm, facial, and foot and leg massage techniques
- demonstrate an understanding for corrective or preventive facial applications
- define the different types of hair removal, including wax, depilatories, and shaving
- discuss and demonstrate first aid for minor cuts, blood spills, burns, customer injuries, and situations that require Emergency Medical Services notification

Content:

Course objectives will be accomplished by providing students with learning experiences in the following subject areas:

- safety precautions
- client consultations
- sanitation and disinfection
- properties of hair, nails, and skin
- basic chemistry
- chemistry of products
- relationship between hair structure and products
- law of color
- technical skills for permanent waving, chemical relaxing, and haircoloring
- history and role of hairstyling
- haircutting techniques
- nail enhancements
- massage techniques
- corrective or preventive facial techniques
- hair removal
- basic first aid.

General Education Outcomes:

Applied Education Outcomes:

1) Students will acquire entry-level skills specific to and appropriate for employment in their chosen field of study.

Students will learn entry-level theory and practical application of the various techniques used in the cosmetology/barbering profession, e.g., manicures, pedicures, artificial nails, shampooing, permanent waving,

chemical relaxing, hair coloring, haircutting, hairstyling, facials, and hair removal. The instructor will assess students' knowledge of information through written tests and oral exchange in class and provide feedback to students.

2) Students will become aware of industry specific certification and develop skills sufficient to acquire the same.

Students will be aware of the theory and specific skills needed to pass the National Interstate Council of State Boards of Cosmetology Licensure Examination (NIC test) and to become a cosmetologist/barber. The instructor will assess students' knowledge of information through written tests and oral exchange in class and provide feedback to the student.

3) Students will demonstrate safe practices and awareness of potential hazards in their field of expertise.

Students will learn through theory and classroom demonstration the need for hand washing, implement disinfecting, client and self protection. Instructors will observe students through oral exchange and practical application tests and give feedback.

Key Performance Indicators:

In class:

- Students will be evaluated through class presentations, assignments, quizzes, tests, and classroom participation. Instructors will provide students with feedback.
- The cumulative score on all assessments must be 75% or greater to continue in the Cosmetology/Barbering program.

Following class:

- After completion of the course, competency will be demonstrated by success in subsequent courses and by passing the NIC test.

Representative Text and/or Supplies:

- *Milady's Standard Textbook of Cosmetology Revised*, current edition, Milady Publishing Company, Albany, New York.
- Supplemental materials may be required.

Optimum Class Size: 6

Maximum Class Size: 8

Signatures:

I hereby submit this course syllabus:

Teri Mason, AAS, Instructor

I hereby find this course consistent with the goals and resources of the Cosmetology/Barbering Department:

Teri Mason, AAS, Instructor, Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)