



CLA 1307

Division: Career and Technical Education

Department: Culinary Arts

Course: CLA 1307

Title: Cold Food Preparation I

Catalog Description:

This course covers the basic preparation of salads and salad dressings for a salad bar.

General Education Requirements: N/A

Semesters Offered: TBA

Credit/Time Requirement: Credit: 3; Lecture: 1; Lab: 4

Clock/Hour Requirements: 75

Offered for Non-Credit: No

Prerequisites: N/A

Corequisites: N/A

Justification:

The preparation of salads and dressings is essential and prepares students for the Cold Food Preparation II course.

Student Learning Outcomes:

- List and describe different types of salad, salad dressings, and common salad ingredients.
- List and describe common types of hors d'oeuvres.

Content:

- Preparation of green salads, vegetable salads, cooked salads, fruit salads, and combination salads.
- Production of salad dressings.
- Planning daily salad bar layout and preparation.
- Learning differences between appetizers, hors d'oeuvres, and canapes.

General Education Outcomes:

1) Read effectively, constructively, and critically.

Students receive important content for this course from the selected text. They are required to read and respond to questions from individual modules throughout the course.

6) Apply computational skills to a variety of contexts.

The baking process requires measurement of ingredients and proportionally increasing or decreasing recipe requirements. This course also focuses on manipulation of the weights and measurements inherent in commercial baking.

Key Performance Indicators:

Students will be evaluated on their productions of salads and salad dressings, and by unit quizzes, exams, class participation, and the final exam.

Representative Text and/or Supplies:

Professional Cooking, current edition, by Wayne Gisslen.

Optimum Class Size: 15

Maximum Class Size: 20

Signatures:

I hereby submit this course syllabus:

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I hereby find this course consistent with the goals and resources of the Culinary Arts Department:

Richard Harris, , , Chair

I hereby find this course consistent with the goals and resources of the Career and Technical Education Division:

Michael P. Medley, MBA, Assistant Professor, Dean

I have discussed the need for library resources related to this class with the person submitting the syllabus:

Lynn Anderson, MLIS, Technical Services Librarian (Main Campus)

Michelle Olsen, MLS, Campus Librarian (Richfield Campus)